

Rate and Review



Set out your goals and keep track of your progress

Tool Guide:

The Rate and Review tool was designed to help service providers to work with users to set their personal goals and aims, and evaluate the impact of services on these goals. The tool asks a user to think about their goals, write them in the outer boxes of the tool (the My Goals tool may help with this), and to then rate how they feel they are progressing in achieving these goals on the yellow target. The tool is designed to be used either between a service provider and user, or between a user and a family member or carer.

The A4 tool, once downloaded, can be opened in PowerPoint. The text on the tool can be changed or left as it is and the tool is then printed out. Users or providers can write their goals around the outside of the tool and then mark on the target how close they are to achieving these. Here the user may wish to mark on, write or draw they responses or use the stickers.

We think this tool is a really simple and effective way to set meaningful personal goals and aspirations with a user, and start a conversation about the barriers and opportunities to achieving them.

Rate and Review is an interactive evaluation tool co-designed by the Glasgow School of Art and health care professionals who work with adults with learning difficulties across the Highlands of Scotland.

